



## The English Day Bulletin

### *Superheroes and Superheroines: From comics to real life*

**On 9th November** Escola Pia de Caldes turned into a school of superheros and superheroines, where all the students were able to find their inner powers by doing different activities as a shortcut to complete the objective of the day: reflect on what it means to be a hero or a heroine in the 21st century.

In this bulletin you will find the most relevant news of the day by grade levels, as reported on by our team of journalists and reporters. We hope you like it.

### **It's raining... yet again!**

As usual, we were supposed to start the day with a short welcome session in the courtyard but it was raining so, instead of that, we went to our classrooms and we listened to David Bowie's *Heroes*. After that we discussed what we thought this song means and we talked about what being a hero or a heroine means to us.



## Heroes don't always wear capes!



1st of ESO students attended a talk delivered by **Glòria Muñoz** about superheroes in advertising that have influenced people in a positive way, such as Nesquik's rabbit or Mr. Clean. **Glòria** asked the audience questions about some superheroes. After that, they had to write about their favourite superheroes and superheroines.

Some 2nd of ESO students learned about the importance of digital marketing with **Pau Alpuente**. The title of the talk was "Influencers, not everything is as it seems". During the presentation the students reflected on the fragile world of influencers, where appearances really matter and where hard work is indispensable. Meanwhile, another group of students discovered with **Rafa Fernández** that engineers can be real heroes and heroines as they are responsible for a great many designs that make our lives easier.

After having a well-deserved break, **Sandra Marsà** gave a talk to 3rd of ESO students about Digital Heroes. She talked about scientists, engineers and mathematicians whose theories, inventions and proposals have changed the world. Then she talked about prominent people like Steve Jobs, the founder of Apple, Inc., who paved the way for the existence of smartphones. In that sense, he is considered to be a hero.

1st of Batxillerat students attended a presentation delivered by **Gemma Cardona** on the importance of voluntary work. Gemma has participated in different campaigns in refugee camps in Lesbos, Greece, together with her partner Nacho. During the talk she shared her experience there and the importance of helping others.

She is a clear example of a superheroine, because she left all that she was doing behind and she went to Lesbos to give a little of her love, patience and happiness to people who really need it. The students found this talk emotional and heartwarming and they are thankful to Gemma for sharing her experience with them.

In the meantime, 2nd of Batxillerat and 4th of ESO students had the chance to listen to two retired men, **Enric** and **Andreu**, who gave a talk about the importance of community service and voluntary work. They explained two projects that are being carried out in Barcelona, "El rossinyol" and "Tasta'm". The project "Tasta'm" is aimed at young people who dropped out their studies. Work-related competences are worked on by trying different jobs. Furthermore, the "Rossinyol" project is aimed at promoting equality and social cohesion. The students found the activities and everything they said very interesting

**We would like to thank all our collaborators for having made English Day possible one more year!**





## Escape room: Let's save the planet together!



**A villain wants to destroy the planet.** This was the first message that our students heard upon walking into the room where 2nd of Batxillerat students had organised a great escape room experience. In order to save the world, first cycle and Batxillerat students had to find a key to get out of the room.



To accomplish the mission, they had to work in groups with the aim of solving a number of riddles and puzzles. Then, they needed to share what they had found. The only way they could get out of the room was by cooperating and making sense of the clues they had obtained.

## Hero Quest: Hero or Anti-hero?

While the junior and senior students were completing some of the activities proposed for English Day, 3rd and 4th of ESO took a Hero Quest. First of all, the students did an online quiz of 29 questions to find out if they are heroes, villains, antiheroes or evil masterminds. Students had to find two or three more classmates who had the same profile as them and then together they had to come up with a story featuring that

specific character.

Finally, they had to create a short film and to upload it to a task folder for assessment. This was probably the task where the students had more fun, because we could understand what it feels like being a script writer, a filmmaker, an actress or an actor.





## Capsule activities

While some students were participating in the escape room or doing the Hero Quest, others were asked to do six different tasks called *capsules*, which they also had to do in pairs or in small teams. At the end of the day all the students had completed the capsule activity in order to understand what it means to be a hero or a heroine and to see that we could be heroes forever and ever, not just for one day.



### **Capsule 1. Sensitizing students about the effects of terrorism**



would have done in that situation.

The students read three personal and heroic stories about people that were in the devastating terrorist attack of Barcelona last year. They chose their favourite heroic act and they explained what they believe they

### **Capsule 2. An interview with Dr. Oriol Mitjà**

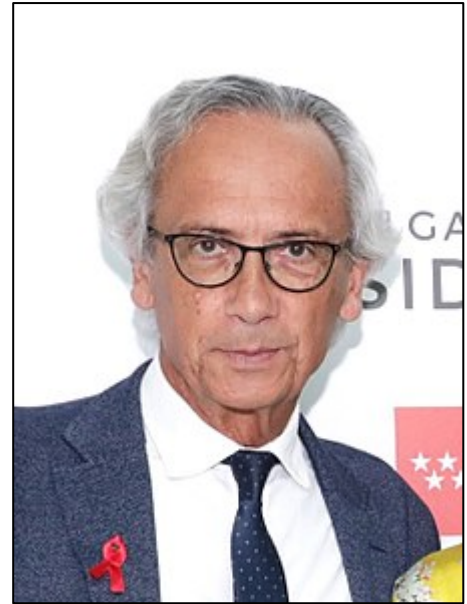
The students watched an interview with Dr. Oriol Mitjà about the superpowers of a medical researcher, his childhood heroes and his advice to the students who would like to pursue a scientific career. It was interesting to learn that his favourite hero is Wolverine for he has accelerated self-healing powers, which means that he cannot be sick. If only humans had that same ability!



Dr. Mitjà explained that to his mind a hero or a heroine is someone who is compassionate, who understands the suffering and pain of others, and who is brave enough to help others. He also added that through research it is possible to apply solutions to real problems and so to change the world in order to eradicate diseases through existing tools and treatments. The interview was recorded in September 2018 right before he left for Papua New Guinea. We would like to thank him for participating on English Day.

### 3. An interview with Dr. Bonaventura Clotet

For this capsule the students watched an interview with Dr. Bonaventura Clotet regarding his professional life, his achievements and what he thinks about superheroes and superheroines. During the interview we could find out that Dr. Clotet does not have any favourite hero or heroine and that to his mind a hero or a heroine is someone who fights for succeeding and for finding the truth. He added that there are many silent heroes and heroines, whose deeds remain unknown to majority of us. He also mentioned Alexander Fleming, Neil Armstrong and the explorers who set foot on the North and the South Poles for the first time as examples of people who carried out heroic acts.



His final advice for our youngsters was to find out what they truly love and to follow their heart. This interview was recorded in his office at Germans Trias i Pujol Hospital in September 2018. We would like to thank him for having kindly accepted to participate on English Day.

### 4. Into the fire

The students who chose to do this capsule listened to the well-known song *Into the fire* sang by Bruce Springsteen, which is a tribute to the firefighters who risked their own lives to save others on 11th September 2001. While they were listening to the song, the students had to fill in a number of gaps and then they were asked to reflect on its meaning. Finally, they created a motivational message with words from the song.

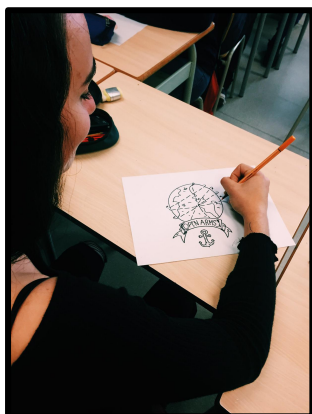


### 5. Eternal heroes and heroines

For this capsule, the students were required to match relevant historic figures with their most noteworthy deeds and to say what they believed they had in common: the capacity to make a difference and to change the way we understand reality.



### 6. The importance of helping those who are in need



Students watched two short documentary video clips about the amazing work that Open Arms volunteers do in the middle of the sea. After that our students had to draw a new logo for this charity.

## Photocall

As every year in the school we have a photocall this year, following the topic, the photocall has been of different heroes. Every class in groups of five people had to go there and have take a creative and original picture taken. There were some real-size superheroes and superheroines made of porex next to the multimedia room and in groups we had pictures taken. Say cheese!





## Interviews

During the morning our reporters interviewed some students and teachers to know their opinion about the activities that they had been doing. Needless to say, the students had diverse opinions but all of them reckoned that one of the best activities was the Escape Room. This fantastic experience was designed and conducted by a team of 2nd of Batxillerat B students. Congratulation, girls!!

Students also told us that they would like to celebrate more "English Days" because they had the opportunity to use English outside the walls of their classroom and to improve their communication skills while doing dynamic activities. Most of them also said they understand how useful and important this language is going to be for their future.

## Pia Band concert

At the end of the day a group of really talented teachers and the 4th of ESO student and singer Núria Vives played different songs in the courtyard. For instance, they played Green Day, The Offspring, Oasis, and Red Hot Chilly Peppers songs. Thank you for a wonderful concert!!



**Thank you note:**

A special thanks to our wonderful team of student collaborators, journalists and reporters who could not take part in any of the activities described above these lines in order to be able to conduct the Escape Room or to make a contribution to this bulletin. We would also like to thank all the teachers, staff, and the volunteers who kindly offered to participate on this very special day. **You are our superheroes and superheroines!**



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